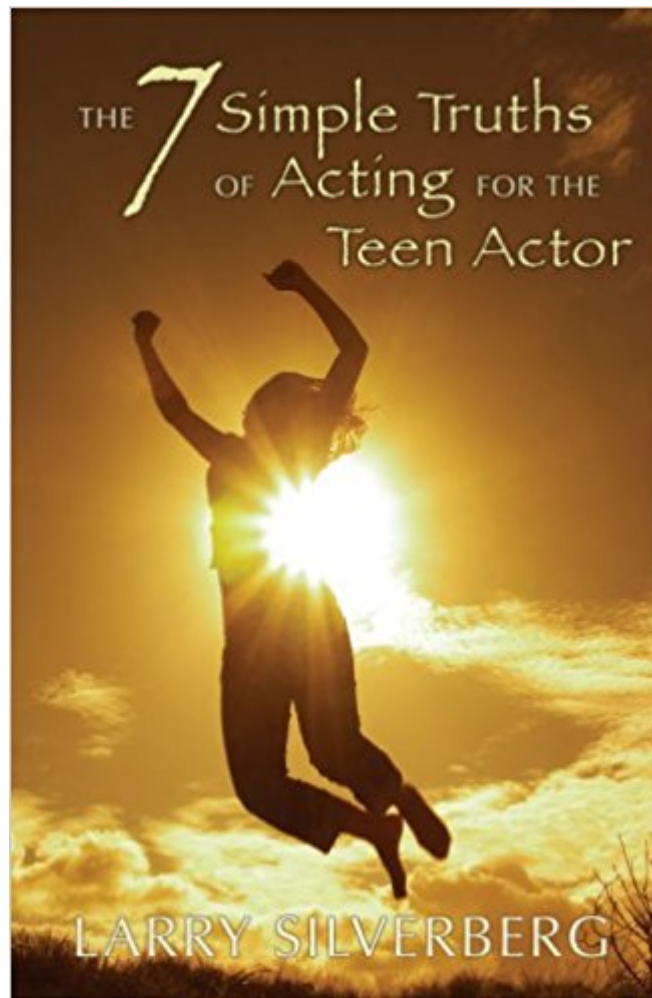




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# The 7 Simple Truths Of Acting For The Teen Actor (Young Actors)



## Synopsis

He's been called one of the most inspired acting teachers of our time. His internationally acclaimed series of books on The Sanford Meisner Approach have transformed acting programs around the globe. His work as an actor has won him awards around the country. And now, in his most revolutionary book yet, *The 7 Simple Truths of Acting for Teens and Their Teachers*. Larry Silverberg speaks directly to actors at all levels, from high school and college actors to up-and-coming professionals. Silverberg takes you way beyond technique as he completely demystifies the art of great acting. In seven specific, motivating, and no-nonsense chapters, he boils acting down to its most essential and completely human ingredients. Through Silverberg's ground-breaking seven simple truths, he strengthens your courage and bolsters your conviction. In the most uncluttered and step-by-step approach, great acting will become completely unambiguous to you. The ultimate reward Silverberg's insights offer will be your ability to get on a direct path toward true acting; acting from a deeply personal place, with passion and vitality. The kind of acting that leaves those who witness you breathless and moved beyond words.

## Book Information

Series: Young Actors

Paperback: 96 pages

Publisher: Smith and Kraus; 1st edition (January 30, 2007)

Language: English

ISBN-10: 157525462X

ISBN-13: 978-1575254623

Product Dimensions: 8.5 x 5.5 x 0.2 inches

Shipping Weight: 3.2 ounces (View shipping rates and policies)

Average Customer Review: 3.4 out of 5 stars 6 customer reviews

Best Sellers Rank: #516,008 in Books (See Top 100 in Books) #14 in *Books > Teens > Art, Music & Photography > Performing Arts > Theater* #122493 in *Books > Textbooks*

## Customer Reviews

LARRY SILVERBERG is a widely renowned authority on the Sanford Meisner technique of acting through his internationally acclaimed four volume series, *The Sanford Meisner Approach: An Actors Workbook*, and his book, *Loving to Audition*. He is a prominent New York City acting coach.

Larry gives a clear message to an aspiring actor. He is a master teacher with profound

understanding of the Meisner approach.

One is always stupidly hopeful that there will be a book about acting that is usable. This is not one of them. Look at the Elizabeth Swados book, *At Play: Teaching Teenagers Theater*, if you want some great ideas for working with young people.

I have personally worked with Larry Silverberg, and before that used his books both to learn and teach the Meisner Technique. I have an MFA in Acting, work professionally as an actress, and teach acting as well, and I have tried many approaches to acting, only to keep coming back to Larry's workbooks. These books are clear, succinct, and incredibly easy to work with, and they include many examples for clarification. Larry is the most nurturing acting teacher, and I cannot recommend him highly enough.

This book confuses young actors and encourages disrespect and distrust of drama teachers. There are some good ideas, but the way they are presented is very condescending.

I really like this book. It really breaks down the idea that acting is simple and easy and can be done without work or self reflection. I like that the book tells young actors that you must give of yourself and know yourself in order to truly act believably on stage. It is a great book to start with and get the kids thinking and looking inward before you get them to work outward. I have also taught with Silverberg's books on Meisner and the exercises are also very good and work well in a high school setting.

I have read parts of this book, and I like the way it speaks to not only the young actor, but the experienced actor as well. It makes acting concepts simple and meaningful.

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